

Highest Quality Olive Oils

BEFORE YOU PURCHASE THAT BOTTLE OF OLIVE OIL AT THE GROCERY STORE, TAKE A MINUTE TO EDUCATE YOURSELF. WE INVITE YOU TO TASTE THE DIFFERENCE...

It's the sad truth, but much of the olive oil you see on store shelves is substandard, no matter how much more you're willing to pay. Olivezia carries only the highest quality – Ultra Pure Olive Oils & Vinegar.

Come in and Taste the difference!

Research reveals more benefits nearly every day. In fact, we are only just beginning to understand the countless ways olive oil can improve our

health, and our lives. Olive oil is the cornerstone of the Mediterranean diet — an essential nutritional mainstay for the world's longest-living cultures.



ULTRA PURE OLIVE OIL STUDIES SHOW SIGNIFICANT BENEFITS TO HELP WITH Breast Cancer, Osteoporosis, Depression, Skin Cancer, Alzheimer's To Name a Few...

At Olivezia we sell a variety of ultra-pure olive oil & vinegar choices that can be used in food preparation, salads, on meats & fish, or drizzled over plates for outstanding dishes full of flavor!

IN ADDITION TO OUR ULTRA PURE OLIVE OILS & VINEGAR WE ALSO CARRY A VARIETY OF GOURMET FOOD ITEMS.

OUR WINE SELECTION IS COMPLEX YET APPROACHABLE WITH KNOWLEDGEABLE STAFF READY TO HELP YOU CHOOSE.



HEALTH BENEFITS

Cancer – Type 2 Diabetes – Heart Aging – Osteoporosis – Skin Cancer – Alzheimer’s – Depression Are Among the Many Benefits Of Consuming Ultra-Pure Olive Oil!

A diet rich in olive oil may actually be able to slow down the aging of the heart. It is a known fact that as we grow older the heart also goes through a normal aging process. The arteries may not function as well as they did, and this can lead to a number of health problems. However, in a recent study, Spanish researchers discovered that a diet rich in olive oil or other monounsaturated fats could

improve the arterial function of elderly individuals.

The phytonutrient in olive oil, oleocanthal, mimics the effect of ibuprofen in reducing inflammation, which can decrease the risk of breast cancer and its recurrence. Squalene and lignans are among the other olive oil components being studied for their possible effects on Cancer

Olivezia

A study published in the scientific journal Diabetes Care showed that a Mediterranean style diet rich in olive oil reduced the risk of type II diabetes by almost 50 percent compared to a low-fat diet We now know that a diet rich in monounsaturated fats such as the ones found in olive oil, nuts and seeds actually protects from many of these chronic diseases.

We carry a variety of ultra pure oils & vinegar!
Stop by today...

Olivezia

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**Place your order online and have your Oil
& Vinegar delivered right to your door.**